



PEDIATRIC PIPELINE

A Newsletter of Parker Pediatrics & Adolescents, P.C.

*Meet our
new providers!*

Rebecca Braver, PCA-C

We are excited to introduce our new physician assistant, Rebecca. She was born in Boston, Massachusetts and grew up in the Philadelphia suburbs – go Eagles and Phillies! She received a Bachelor of Arts in Psychology at Bucknell University and went on to attend PA school at Thomas Jefferson University in Philadelphia. In her free time, she enjoys hiking, fly fishing, baking, and spending time outdoors with family, friends, and her two golden retrievers.

Rebecca is currently seeing both well and acute patients.

John Szigety, MD

We are also excited to introduce our new physician, Dr. Szigety. He was born in New York, NY. He completed his undergraduate training at the University of Notre Dame and received his medical degree from Thomas Jefferson University. Since then, he has been here in Colorado where he completed his post doctoral training at Children’s Hospital Colorado. He is married with two cats. His hobbies include snowboarding, hiking and backpacking and playing ultimate frisbee. He is looking forward to meeting you and your family.

Dr. Szigety starts seeing patients in mid-June.

- Brian Stanga, MD
- Lauren Finney, MD
- Kristin Prevedel, MD
- Esther Oh Beck, MD
- Maya Kippen, DO
- John Szigety, MD
- Nathan Schulte, PA-C
- Lauren Sterner, CPNP
- Rebecca Braver, PA-C
- Crystal Joy, PsyD
- Tracy Stam, RD, CLE, CHC
- Jay Rabinowitz, MD Emeritus



IN THIS ISSUE

- Meet our new providers!
- Upcoming patient record and portal changes!
- Integrated Behavioral Health
- This and That





Rebecca Braver, PA-C



John Szigety, MD

DID YOU KNOW WE HAVE INTEGRATED BEHAVIORAL HEALTH SERVICES?

Yes! We have psychology services located right here in our office! The process is easy - making appointments, billing and payment, keeping in touch with your medical provider, and familiarity of the office are all bonuses of being seen for mental health services within your medical home.

We were honored to receive a grant in late 2023 from the State of Colorado to enhance our behavioral health services. For years, we have offered integrated behavioral health under the umbrella of our medical practice - providing an evidence-based and comprehensive approach to pediatric mental health. Our current expansion includes expanded screening protocols at office visits, increased availability of psychology screening appointments, and the addition of a psychology care coordinator. Our psychologists treat patients with anxiety, depression, ADHD and other mental health concerns.

If you are concerned about your child's mental health, please schedule an appointment with one of our medical providers to discuss if our psychology program would be a good fit for your child.

Our goal is to care for your whole child, and we will work together to keep them healthy both physically and mentally!

Online resources:

- <https://www.healthychildren.org/English/health-issues/conditions/emotional-problems/Pages/default.aspx>
- <https://www.apa.org/topics/suicide/prevention-teens>

THIS & THAT



New patient medical record and portal coming in June 2024!

- Starting in mid-June 2024, we will be adopting **Epic PedsConnect**- a state of the art medical record system. It will feature a robust patient portal allowing direct messaging, downloading of forms and vaccine records at your convenience, bill pay, and online appointment scheduling.
- ****We will be asking each family to sign up for the portal in order to access these enhanced services so stay tuned for more information!**
- If your child already has a Children's Hospital Colorado MyChart account, you are all set! Your appointments and documents related to our office will already be integrated in June. If not, don't worry! We will assist you in signing up when the time comes!
- If you have been in the office lately, you may have noticed several improvements to our space. These include **updated patient bathrooms, all new exam room doors and fresh cabinetry!**

- **Our summer schedule for health supervision exams is in full swing!** Call soon for an appointment so you are prepared for summer camps and back to school sports! It will be here before you know it!
- We continue to prioritize your child's health by offering the newest **RSV monoclonal antibody** to our most vulnerable patients. We will offer this injection as long as supply allows.
- Join us again for our **annual Flu Clinic Trunk or Treat** event this fall! We have a blast seeing all of you dressed up and keeping you healthy! Stay tuned for the 2024 date!

